



POST TREATMENT CARE

MICRONEEDLING AFTER CARE

TONED AFTER-CARE CREAMS CAN BE USED AFTER THE TREATMENT:

- SKIN CANDY ANTI-SHOCK SUCCESSFULLY COVERS REDNESS AND SKIN CHANGES AFTER THE TREATMENT.
- SKIN CANDY SUN AND SWEAT PROTECTION. PROTECTS THE SKIN FROM THE SUN AND PREVENTS FORMATION OF STAINS AFTER THE TREATMENTS.

THESE TWO CREAMS CANNOT BE USED AT THE SAME TIME.

IT IS POSSIBLE THAT IN THE NEXT 3 DAYS AFTER THE TREATMENT THE TREATED AREA WILL BE RED AND THAT THE CLIENT WILL FEEL TINGLING AND TIGHTENING OF THE SKIN.

AFTER THE TREATMENT DO NOT:

- WASH YOUR FACE FOR 12 HOURS
- EXPOSE THE SKIN TO DIRECT SUN LIGHT FOR 24 HOURS
- APPLY MAKE-UP FOR 24 HOURS
- USE FOUNDATIONS AND POWDERS FOR 48 HOURS
- USE SAUNA, SWIMMING POOLS AND SUNBEDS FOR 3 DAYS
- EXPOSE YOURSELF TO PHYSICAL EXERTION FOR 2 DAYS
- USE BOTOX OR FILLERS FOR NEXT 3 WEEKS

WE EMPHASIZE THE USE OF SUPPLEMENTS FOR SKIN MAINTENANCE.

DR. PHI DERMAFORM CAPSULES HELP IN KEEPING THE SKIN AND HAIR HEALTHY. THEY FACILITATE CELL DIVISION AND PROTECTION AGAINST OXIDATIVE STRESS.

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PHIION AFTER CARE

CLUSTERS OF YELLOWISH SPOTS UP TO 0,2 MM IN DIAMETER WILL APPEAR IN THE TREATED AREA AND REMAIN VISIBLE UP TO 5 DAYS. EYE LIDS MAY GET SWOLLEN AND THE CLIENT MAY FEEL TINGLING. THERE IS NO AFTER TREATMENT CREAM THAT NEEDS TO BE APPLIED AND THE CLIENT CAN USE FOUNDATION TO COVER THE TREATED AREA. ALL SIDE EFFECTS SHOULD DISAPPEAR WITHIN 7 TO 10 DAYS.

AFTER THE TREATMENT, DO NOT:

- USE AGGRESSIVE HYGIENE PRODUCTS (FRAGRANCES, SOAPS, ETC.)
- EXPOSE TO DIRECT SUNLIGHT FOR 2 DAYS BY ANY MEANS AND DO WEAR DARK SUNGLASSES
- USE SAUNA, SWIMMING POOLS AND SUN BEDS FOR 5 DAYS
- EXPOSE YOURSELF TO PHYSICAL EXERTION FOR 5 DAYS.

CRYO PEN

CRYO PEN USES CO₂ GAS WHICH FREEZES THE UPPER LAYER OF HYPER-PIGMENTED EPIDERMAL CELLS AT -27 DEGREES CELSIUS IN ONLY A FEW SECONDS. THIS EXTREMELY LOW TEMPERATURE FREEZES WATER IN THE SKIN CELLS AND IN THEIR INTERSPACE. FROZEN WATER SPREADS AND BREAKS THE CELL MEMBRANE. THE TREATED PART OF THE TISSUE SEPARATES FROM THE CELL AND IT MOVES TOWARDS THE SKIN SURFACE BY DRYING OUT AND 10-14 DAYS LATER IT FALLS OFF.

INDICATIONS FOR THE CRYO PEN TREATMENT ARE AS FOLLOWS: SKIN HYPERPIGMENTATIONS RESULTING FROM THE SUN OR OTHER WEATHER CONDITIONS,

- SCARS AND STAINS FROM THE SCARS,
- BENIGN LESIONS ON THE SURFACE OF THE SKIN, SUCH AS: KERATOSIS, PAPILOMAS, FIBROMAS, WARTS, ANGIOMAS,
- MILIUMS.

ON THE DAY OF THE TREATMENT, THE TREATED AREA OF THE SKIN IS CONSIDERABLY DARKER. AFTER THAT, THE SKIN WILL START TO PEEL OFF AND IN THE NEXT 10-14 DAYS.

IT WILL FALL OFF, AND THE NEW ONE WILL BEGINS TO APPEAR.

- CONTRAINDICATIONS FOR THE CRYO PEN TREATMENT:
- DERMATOSIS,
- SKIN TUMORS,
- EXANTHEMA,
- OPEN WOUNDS,
- SOME BUMPS OR MOLES,
- MALIGNANT TUMORS OR CANCER,
- UNCONTROLLED DIABETES MELLITUS.

IN THE FOLLOWING CASES, THE USE OF CRYO PEN SHOULD BE POSTPONED UNTIL THE CLIENT RECOVERS FROM CERTAIN DISEASES:

- 4 WEEKS BEFORE CHEMOTHERAPY OR RADIOTHERAPY
- IN PREGNANCY OR WHILE BREASTFEEDING.

THE FOLLOWING AREAS OF THE SKIN MUST NOT BE TREATED: THE UPPER LID SKIN, ANY PART OF THE SKIN WHERE HAIRS GROW AND THE EYEBROWS AREA.

HOME CARE

IN ORDER TO ACHIEVE THE OPTIMAL RESULT, THE TREATED AREA OF SKIN MUST BE PROTECTED DURING THE REGENERATION PERIOD:

- AVOID LONG SHOWERS, SWIMMING POOLS OR SPA TREATMENTS BECAUSE THESE CAN LEAD TO SOONER PEELING OF THE SKIN AND THUS IT WOULD JEOPARDIZE SKIN REGENERATION.
- FOR THE FIRST 3 WEEKS AFTER THE TREATMENT AVOID PEEL-OFF AND FRUIT ACID TREATMENTS, AS WELL AS AGGRESSIVE CLEANSING OF THE SKIN.
- AVOID LONG SUN EXPOSURES OR USING SUN BEDS, ESPECIALLY UNTIL THE TREATED AREA OF THE SKIN IS FULLY REGENERATED AND PEELED OFF.
- DURING DAY IT IS MANDATORY TO USE A PRODUCT WITH SUN PROTECTION FACTOR SO.

ADVANTAGES OF CRYO PEN TREATMENT:

- TREATMENT IS VERY SHORT
- TREATMENT IS ALMOST PAINLESS AND IT IS NOT NECESSARY TO USE ANY LOCAL ANESTHETIC.
- THIS IS ONE OF THE LEAST INVASIVE TREATMENTS WHICH IS USED FOR THE SAME PURPOSES.